

Carols @ Multicap

Our second Carols @ Multicap was held 6.00pm-8.00pm on Saturday 29th November 2008 at Eight Mile Plains. Thank you to all for your support, help, donations, and/or attendance.

Thanks to our Organising Committee and our many sponsors:

- ★ **Founding Partner** - Brisbane City Council, in particular the Office of the Lord Mayor and Macgregor Ward
- ★ **Premier Sponsor** - Ausenco
- ★ **Media Partner** - Quest Community Newspapers
- ★ **Classic Sponsors** - Signwave, Bennett Carroll Solicitors, Macgregor Lions Club, and Suncorp
- ★ **Associate Sponsors** (for our Monster Raffle Prizes) - Monte Lupo, Limes Hotel, Corporate Gift Baskets, The Glen, Southern Hair Design, Evolution Automotive, Dreamworld, RT Edwards, Retravision, Bliss Skin Centre, and Garden City Westfield.

There are of course many others to thank so look out in the next edition for further details, along with pictures and more stories.

Monte Lupo Winner of the Kids' Choice Award

The SWELL Sculpture Festival was held at Currumbin Beach on the Gold Coast during September. Monte Lupo contributed 40 soldier crabs, individually painted by the Monte Lupo employees.

Monte Lupo was announced the winner of the 2008 Currumbin Palm Beach RSL Kids' Choice Award and received \$2,000 prize money. 33 of the crabs were sold and orders were received for an additional 5.

The Soldier Crabs can be viewed in the Monte Lupo shop at Eight Mile Plains, Total Art and Design at Kingscliff and Way of Design at Currumbin.



Family Survey

A family survey was distributed to 316 families in August 2008 and 94 surveys were returned achieving a response rate of 30%.

The survey was undertaken to assess the level of satisfaction expressed by families. This is part of Multicap's commitment to quality improvement and accountability. Responses were overwhelmingly positive in terms of overall satisfaction with Multicap, the staff and the services provided.

Thank you to those families who responded. The responses have been collated and a summary report has been provided to the Board. Your comments are currently being considered by management who are also identifying actions following a survey of Multicap staff. Your feedback is greatly appreciated.



New Playground Equipment for Rockhampton Respite

New playground equipment has been installed at the Rockhampton Respite Centre. It includes a circuit workout with varying equipment, and a triple swing set with hooks that accommodate slings, specialized hammocks and swings tailored to meet individual needs. Alongside the exercise station and swing set, a 4x4 meter sandpit has been installed, which can be used for building sandcastles or sculpturing creative art work.

The equipment is visually bright, colorful and stimulating with rubber flooring and artificial grass for a softer landing. It suits both children and adults with varying abilities and disabilities. Those who can't use the equipment can enjoy watching others and being a part of a group activity.

This equipment encourages and motivates respite guests to participate in movement and exercise, which can enhance their overall wellbeing. It is a great addition to the Rockhampton Respite Service.

Donations

Your donation, large or small, will help Multicap support people with multiple disabilities, their families and their carers.

Make a Donation

I would like to make a tax deductible donation

- Single Donation \$.....
- Regular Donation \$..... (will be debited each month)

Purchase Art Union Tickets

I would like to order the following ticket books and have a chance to win up to \$64,000 in prizes

- \$15 Book \$21 Book \$30 Book \$60 Book

Advance Order Tickets

I would like to enjoy the convenience of having my ticket order automatically sent each Art Union

- Advance Order \$..... (will be debited each Art Union)

Payment Method

So many easy ways to pay

- Direct Debit Cheque Money Order
- Visa Card Mastercard Debit Card

Direct Debit Details

Account Holder Name:

Bank Name:

BSB: First Payment: / /

Account:

Signature:

Credit Card Details Payments will continue until cancelled in writing

Card:

Cardholder's Name:

Expiry Date: /

Signature:

Your Contact Details

Name:

Company:

Phone:

Email:

Address:

.....

Return to Multicap - Post or Fax to the details below



269 Padstow Rd, P O Box 4013, Eight Mile Plains Q 4113 • Phone (07) 3340 9000 • Fax (07) 3341 3115
Website www.multicap.asn.au • Email info@multicap.asn.au • ABN 40 120 240 686 • ARBN 084 424 493

Ways you can help....

Art Union

Congratulations to the winner of Art Union 89 Ms Barb Jimmieson, who is now the proud owner of a Toyota Kluger. Multicap CEO Jo Jessop was thrilled to hand over the keys to Ms Jimmieson, pictured with her husband Col. Multicap thanks Barb for her kind support.



Congratulations also to the winner of Art Union 90, ticket number 215773 of Salisbury.

Support our clients & have a chance to WIN a \$60,000 car for just \$3!

TICKET HOTLINE: (07) 3340 9015

Wishing Well Donation Money Boxes

Join almost 8,500 wonderful hosts throughout Queensland with a Multicap Wishing Well donation money box. Why not use one in your office for your staff to use as a 'wear jar' with a gold coin donation every time!

For further information on how you can have your own Wishing Well, please contact Chris on **0407 737 263**.

Carecards

Carecards are available at the Monte Lupo Pottery Shop at Eight Mile Plains. A visit to the shop will also give you the opportunity to view the wonderful Monte Lupo products. If you are unable to visit Monte Lupo you can obtain an order form by phoning **07 3340 9026** or emailing to fionah@multicap.asn.au.

Bequests

Imagine leaving a gift that will ensure Multicap continues to support local people with multiple disabilities for now, for the future, for life. Your bequest will support Multicap and ensure that our clients with disabilities, possibilities, and capabilities continue to shine.

For further information on how you can help, visit www.multicap.asn.au or phone Sandra Williams on **07 3340 9008**.



Newsletter Issue 39
December 2008

INSIGHT

Patron: Her Excellency Ms Penelope Wensley AO, Governor of Qld



CEO's Corner

With Joanne Jessop

I would like to take this opportunity to wish each of you a safe and fun filled Festive Season, and to thank you for your ongoing support and encouragement during the year.

The year is coming to an end the same way it started, with new



services being established in response to the needs of clients and their families. Our partnership with Disability Services Queensland has enabled us to establish three new homes for people with disabilities, an exciting time as we welcome new families into our services in Mackay, Toowoomba and Brisbane. Our staff are already planning to make sure that the first Christmas in their new home is memorable for each of these clients.

Our new day service at Nudgee has also commenced with ten clients relocating from the Aspley service. The Nudgee building is the old Nudgee State School, which has been refurbished by Brisbane Housing Company and is a fantastic location from which to base our services. The local Army Cadets and the Banyo RSL will be joining us at this location, and we look forward to getting involved in the local community. We have already had enquiries from families looking for a service location in 2009 and we know this will be a popular choice due to the great space and activities available as well as easy access to public transport.

Christmas is also a time when we remember loved ones, including staff and clients who have passed away during the year. Ryan, Zoe, Samantha, Brian, Jason and John – we miss you all and our thoughts are with your families at this time.

We are fortunate to have a wonderful group of staff across our organisation, and I would like to thank them for the support they provide to our clients every day. My thanks also to our great team of senior managers – Richard Russell, Bev Wrona, Wayne Gilbert, Eva Hallam, Diane Bell, Cathy Kay, Fiona Haynes and Steve McAlavey, for the professional way in which they lead our organisation. They are great people. A special thanks to Sandra Williams, our Association Secretary, who does an outstanding job for us all.



"Kites rise highest against the wind – not with it" - Winston Churchill

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Thank you

Multicap would like to say "thank you" to all the people who support our organisation in many different ways. Our special thanks go to: Australian Laboratory Services, John McAuliffe, Judy Boyle, the Antonrose Trust, Neville Bates, Patrice Sherrie, John Gallimore, Aubrey Jeremiah, Wendy Coward, Max & Norma Duffin, Robyn & Graham Jeffs, Ailsa and Arthur Otago, Miss E McDonnell, Mrs Giuseppa Emmi, G Easlea, Glynn Brown, G Spencer, Janet Hill, Lynette King, Sharon Leggatt and Mrs H Mollard for their generous donations.

Thanks also to Mr & Mrs Graham for their donation of a bed, and Bunnings Underwood for their donation of disposable drinking cups.

Donation Request for the Centre of Creative Arts

The Centre of Creative Arts has a very talented artist, Piers Jeston, who enjoys using a computer to create his drawings. Unfortunately this program does not have a computer that Piers can use. The donation of a working computer would be really appreciated and would enable Piers to continue to develop his artistic skills. Please ring Fiona Haynes on 07 3340 9026.



Refurbishment of Qld Performing Arts Centre

The Queensland Performing Arts Centre is undergoing refurbishment to ensure equitable access to arts and cultural activities for all visitors by providing more seating choices and easier access for patrons with mobility difficulties and their guests and carers.

The QPAC refurbishment will include lift access to all levels, additional toilets for people with mobility difficulties, and additional wheelchair seating in the Lyric Theatre and Concert Hall.

The refurbishments are due to be completed in March 2009. For further information, visit www.qpac.com.au.



Hartopp Lane

Multicap has been given an exciting opportunity, helped by the Brisbane Housing Company, to commence a new service at Kelvin Grove. This residence is a relatively new top floor unit with fantastic views of the city from every room. It consists of 6 bedrooms and 3 bathrooms. This is a new concept in supported accommodation as it encompasses what inner city living is all about. Tenants will have the opportunity to be involved in the Kelvin Grove urban village, as well as taking advantage of all that inner city life has to offer.

New Multicap eNews

If you did not receive your copy of our first online newsletter, jump onto our new website and subscribe now at www.multicap.asn.au. You will receive all the latest Multicap news and have a chance to enter and win great competitions!

Vale Zoe, Jason, Brian, Samantha & John

We have said farewell to five very special people recently; Zoe Wardman, Samantha Makin, Brian Drinkwater, Jason Powell and John King. Each of them has taught us something new about life, and each of them has left behind a void for our staff and our organisation. We are fortunate that they chose to spend time with us, and our thoughts are with their families and friends.

Fun at Robina Respite

Thanks to the generosity of Gold Coast Mayor Ron Clarke, the Robina Respite Service was able to recently purchase a Nintendo Wii Video Game System for the enjoyment of the respite clients, who are having lots of fun exploring this new experience.



New Horizons

Over the past months we have said farewell to some staff who have been with Multicap for several years. Keith Duffy has moved on to take a role with Disability Services Queensland, and we have welcomed Wayne Gilbert as our new General Manager Disability Services. Joyce Downes, Julie Cross and Kevin Wilson, all of whom have worked in our Multicap Art Union area, have also moved on to new challenges.

We thank each of them for everything they have done during their time with Multicap and wish them all the best for the future.

New Multicap Ambassador

Multicap is most pleased to announce that Robert Newbery, three-time diving Bronze medalist from two Olympic Games, has kindly agreed to join Multicap as our Ambassador.

Robert is currently studying medicine at university and, as well as juggling work and family commitments, believes that supporting people with multiple disabilities is important and has offered to lend a hand wherever possible.

Robert has agreed to attend our inaugural Charity Ball on 23rd May 2009 at Gianni Events @ Portside, and may just be at other Multicap events soon, so keep an eye out!

Overview of Mackay Services

Multicap currently has four houses in Mackay, with funding just received for a fifth house. The houses are provided by the Department of Housing and the clients are funded by Disability Services Queensland. The four houses provide supported accommodation for ten clients, with the majority accessing day services with other organisations. All the clients attend activities in the community when available; such as the Halloween disco on the 31st October, which the clients attended and enjoyed. The clients also go camping at least once a year. This year they went to Boulder Creek for the week and really enjoyed it.

It has become a regular occurrence for the clients to visit local beaches to walk, play and just enjoy. Mackay is a very vibrant sun loving town and the clients have the very best of opportunities, as they are close to the sun, surf and sand!!!

Nudgee Day Service

The Nudgee Day Service has commenced with 10 clients and 3 staff. The patience of caregivers, staff and clients whilst the construction in the surrounding area was being completed was very much appreciated.

The programs to date have been similar to those at the Aspley Day Service. New programs will be formulated next year as part of the review of the clients' Individual Program Plans. The Manual Arts program has commenced and the Art and Craft group are busy making items for the festive season. Cooking slices and no-bake meals have been the highlight of the Monday Cooking program. Nudgee participants have been actively involved in the Fruit and Vegetable Packing business and already numeracy and literacy skills have been enhanced. Clients are looking forward to the Christmas break and starting the New Year with new staff and new programs. Thank you to everyone who has supported the move to Nudgee.



A Day at Petrie

*The sun shines at McGavin Way
Where we had a BBQ
With our friends from Petrie,
We had a walk
We watched the ducks
And touched the trees!
We sat and relaxed after lunch
And watched the crows swoop and cry
As they fought for leftovers
From our lunch!
It was a good day for me and my friends.*



By Belinda Krzywoszyna & Kristina Guinea



Petrie Day Services

As Christmas is just around the corner, it was thought fitting to celebrate the achievements experienced by Petrie Day Services.

- ★ Petrie Day Services commenced operating in September, 2007 and since that time has provided services to 25 clients, 5 of whom have successfully transitioned through to other exciting life areas.
- ★ A disco was the highlight of 2007 with over 30 people celebrating the Christmas spirit along with the camaraderie that had developed in such a short time.
- ★ 2008 saw most of the individual goals achieved. The people supported by the service enjoyed the fruits of their labour in the permaculture gardens which became fully established during the year, with produce being eaten in dishes prepared by the cooking program and many a handful of vegetables being taken home from clients' own gardens.
- ★ The gardening program commenced an egg production program where over 7 dozen eggs a week are collected, cleaned, weighed and packed.
- ★ The cooking program has included meal preparation to take home (so that Mum has that well deserved break from cooking tea) and this has been highly successful. Each participant proudly gained their Food Handlers Certificate.
- ★ The participants in the Men's Group and Manual Arts program were welcome visitors to the local trash and treasure shop where they were able to collect a range of items to remake or rebuild. With the assistance from Boys Town they are producing their own billy carts for sale.
- ★ The Social Skills Group received training on what to do if a fire breaks out. Many other skills were learnt including setting the table and appropriate etiquette. Clients are becoming valued members of the Petrie Village community.
- ★ The Multicap Star Festival required a lot of effort from all participants and was thoroughly enjoyed by everyone.
- ★ The Fruit and Vegetable Packing business was established and has become extremely successful, with Nudgee clients assisting in this new venture. (Thanks to FIRST for assisting in the establishment of this program.)
- ★ Participants in the Art and Craft programs created colourful mosaic pavers for the gardens with the assistance of Bunnings Warehouse and works of art have been displayed at the Lawnton Railway station. Many craft items have been sold through the Monte Lupo shop and this program generates some of its income to provide resources.

Staff and clients are looking forward to their end of year disco and a well deserved break over Christmas! Merry Christmas and thank you to everyone who has supported Petrie Day Service throughout the year.

Introduction to Coordinators

Following a redistribution of service responsibility from 1st July, Diane Bell and Eva Hallam, formerly the Accommodation & Respite Manager and Day Service Manager respectively, began new positions with Multicap as Area Managers. As part of the process, a number of Coordinator positions were established and the following appointments were made:



Joanne Bennett
Mackay Services



Jill Binding
Petrie & Nudgee Day Services



Grainne Taia
Social Support Programs



Linda Maurer
Toowoomba Services



Sheryl Carlile
Apex, Carina Heights, Drewvale, Forest Lake, Greenslopes & Kelvin Grove Residential Services



Manuel Garcia
Balonne St, 9 & 11 Lee Close Runcorn & Mansfield Residential Services; and Ellen Grove Day Service



Sheree Pfeiffer
Logan Reserve, Mudgeeraba & Waterford West Residential Services; and Marsden and Robina Respite Services

These staff members join existing Coordinators:



Janine Allen
STEPS



Maree Stenson
Aspley Day Service and North Brisbane Respite



Rachel Griffiths
Kuraby & Eight Mile Plains Day Services and Ellen Grove Respite



Ros Yates
Rockhampton Respite

Multicap welcomes all new Coordinators

New Respite on the North Side of Brisbane

Multicap has a new centre-based respite service, situated in Carseldine on the north side of Brisbane, for elderly parent carers aged 65 years and over (50 years and over for elderly indigenous carers) who are caring for their son or daughter aged 25 years and over with a profound or severe disability. This facility is able to accommodate 3 guests for overnight centre-based respite for periods of up to 7 days.

For eligibility criteria and associated costs, please contact Michelle Crawshaw, North Brisbane Respite Team Leader on **0409 069 502** during office hours.



Christmas Holiday Closure Dates

Day Services

Multicap Day Services at Eight Mile Plains, Kuraby, Aspley, Ellen Grove, Nudgee and Petrie will be closed on
**Friday 19th December 08 to
Friday 9th January 09**
Reopening Monday 12th January 09.

Centre of Creative Arts

The Centre of Creative Arts, Eight Mile Plains, will be closed on
**Friday 19th December 08 to
Friday 9th January 09**
Reopening Monday 12th January 09.

Monte Lupo

Monte Lupo will be closed on
**Thursday 25th December 08 to
Friday 2nd January 09**
Reopening Monday 5th January 09.

Administration

The Administration office at Eight Mile Plains will be closed on
**Thursday 25th December 08 to
Friday 2nd January 09**
Reopening Monday 5th January 09.